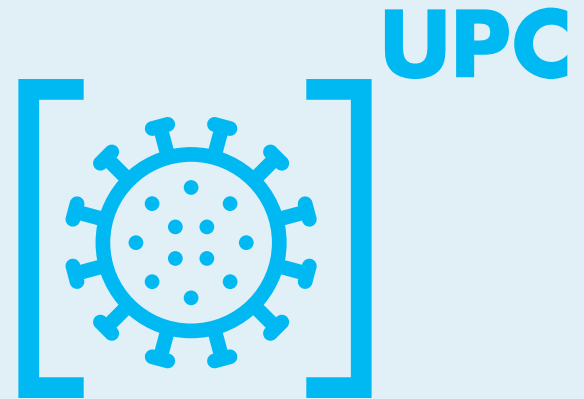


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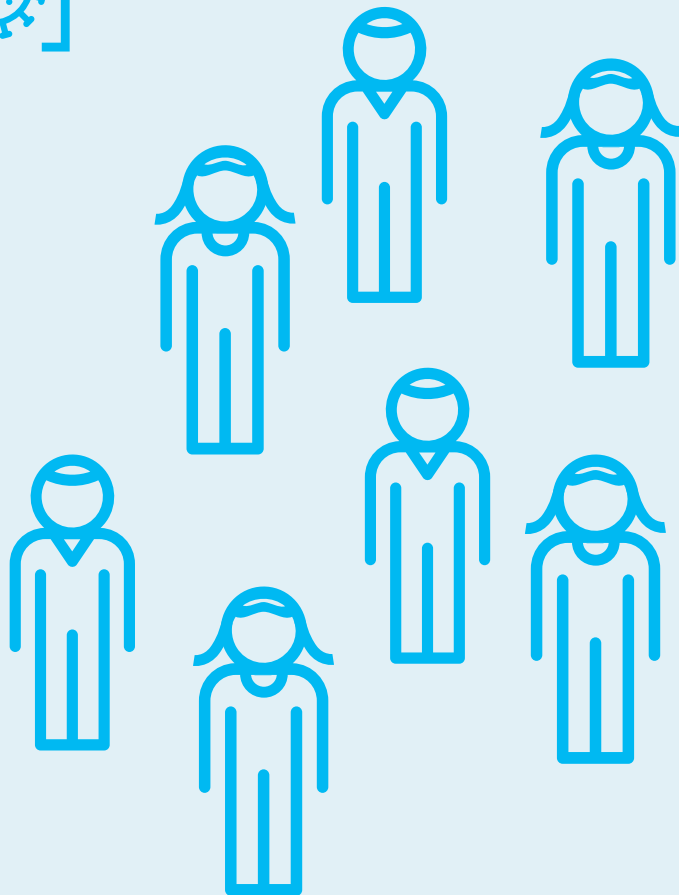
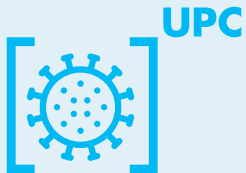
**QUICK GUIDE**



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**Face-to-face activities take place on UPC campuses.**

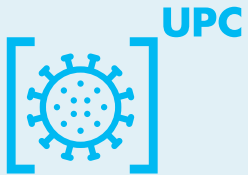
**Asymptomatic people may be present.**

**Therefore, we must be especially mindful of hygiene measures and health authority recommendations.**

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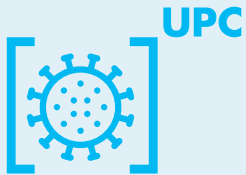


**Always wear  
a face mask.**

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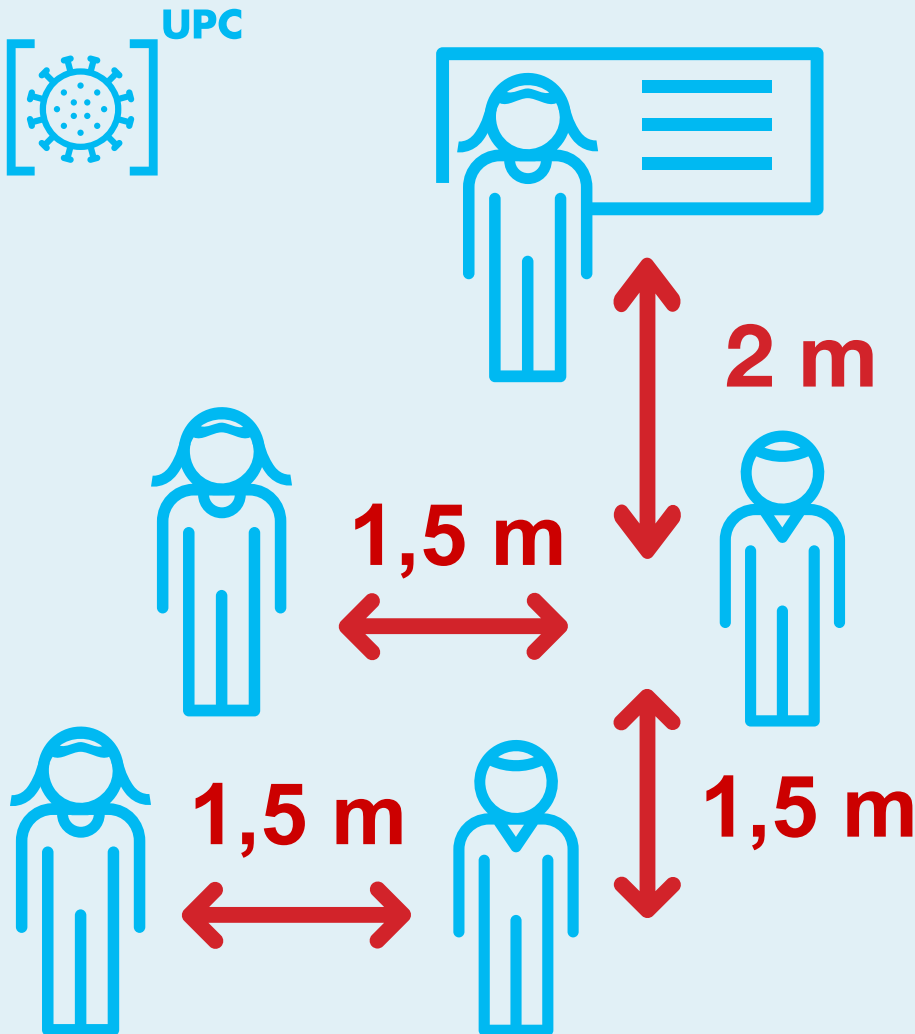


**Wash your  
hands with soap  
and water or  
hand sanitiser.**

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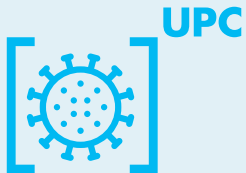


**Maintain  
the minimum  
interpersonal  
distance.**

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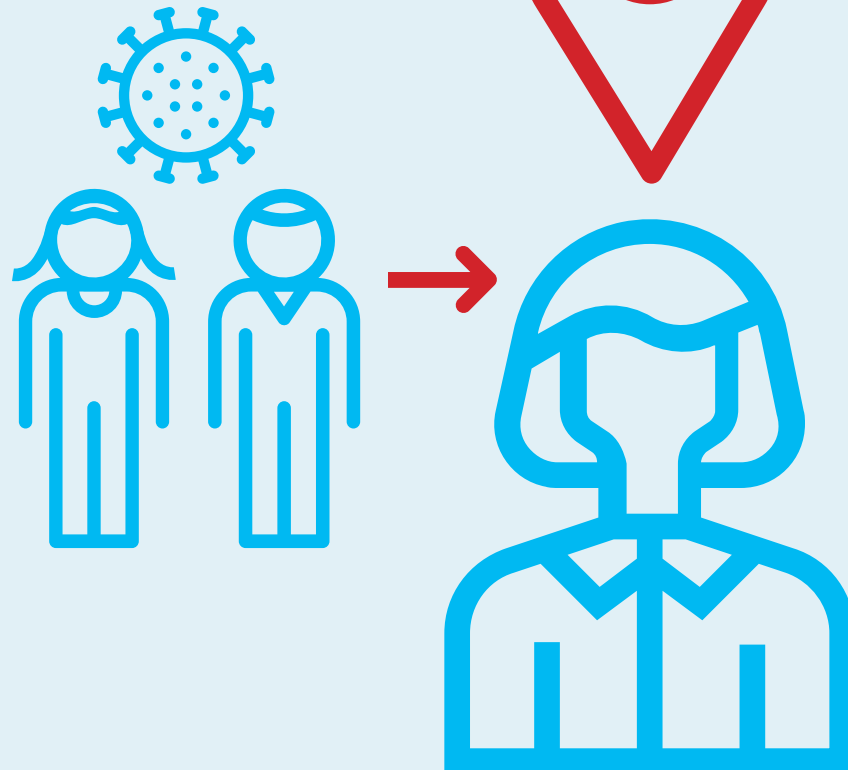
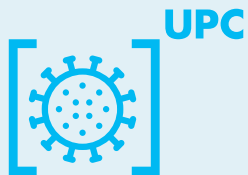
## Stay at home and contact your doctor if:

- . You have a temperature of more than 37.5°C.
- . You have difficulty breathing.
- . You've lost your sense of taste or smell.

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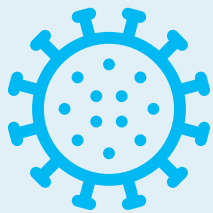
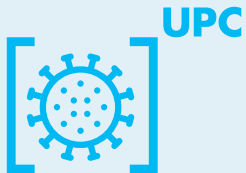
## What should I do if I've tested positive in a PCR test?

- Get in contact with your **COVID-19 officer**.
- We will show you how to follow your courses during the quarantine.
- We will inform the students you have been in class with.

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## What should I do if I've been in close contact with someone who has tested positive in a PCR test?

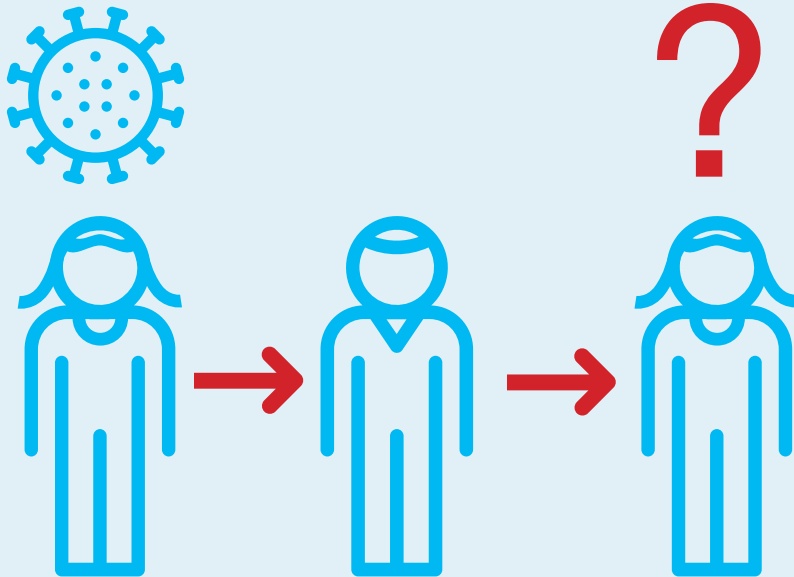
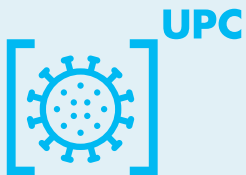
- . Get in contact with your **COVID-19 officer**.
- . As a precautionary measure, you will have to contact your doctor, request a PCR test and wait for the results in quarantine.
- . We will show you how to follow your courses.
- . You do not need to inform any of your fellow students.



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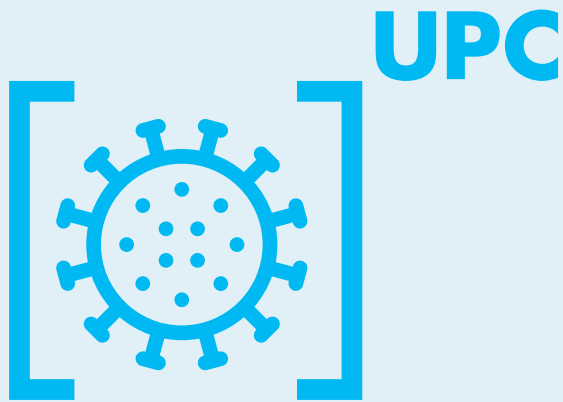
What should I do if I've been in close contact with someone who has been in close contact with someone who has tested positive in a PCR test?

- . Nothing special.
- . Take extra care with hygiene and health measures.
- . Wait for the results of the contact.

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**General information:**  
**[info.coronavirus@upc.edu](mailto:info.coronavirus@upc.edu)**